



#### GLUTEN-FREE RESOURCES

The following will acquaint you with companies that offer a selection of foods that are compatible with the Gluten-Free (GF) lifestyle. Not all companies listed are exclusively GF manufacturers. *The vendors/products listed do not constitute endorsement by Celiac Disease Foundation (CDF). CDF does not assume liability for the use of this information.*

#### **ALMOND GLORY FOODS**

818-683-4303/ [www.almondglory.net](http://www.almondglory.net)  
Low carb, diabetic safe baked goods

#### **ALTIPLANO GOLD**

415-925-9928/ [www.altiplanogold.com](http://www.altiplanogold.com)  
Instant hot quinoa cereals in great flavors

#### **AMY'S KITCHEN INC.**

707-578-7188/ [www.amyskitchen.com](http://www.amyskitchen.com)  
Prepared meals, soups, sauces

#### **ANDEAN DREAM, LLC**

310-281-6036/ [www.andeandream.com](http://www.andeandream.com)  
Quinoa cookies

#### **ANNIE'S HOMEGROWN, INC.**

800-288-1089/ [www.annies.com](http://www.annies.com)  
Gluten-free pasta, meals, snacks, etc.

#### **ARICO NATURAL FOODS COMPANY**

503-259-0871/ [www.aricofoods.com](http://www.aricofoods.com)  
Gluten-free, dairy free cookies

#### **ARROWHEAD MILLS** (The Hain Celestial Group)

800-434-4246/ [www.arrowheadmills.com](http://www.arrowheadmills.com)  
GF flours, cereals, mixes, Deboles corn and rice pastas

#### **AUTHENTIC FOODS**

800-806-4737 or 310-366-7612/  
[www.authenticfoods.com](http://www.authenticfoods.com)  
Baking mixes, flours and baking supplies

#### **BARBARA'S BAKERY**

707-765-2273 / [www.barbarasbakery.com](http://www.barbarasbakery.com)  
Natural cereals and snacks

#### **BLUE DIAMOND GROWERS**

800-987-2329/ [www.bluediamond.com](http://www.bluediamond.com)  
Nut thin crackers and non-dairy beverage

#### **BOB'S RED MILL NATURAL FOODS INC.**

800-553-2258 or 503-654-3215/  
[www.bobsredmill.com](http://www.bobsredmill.com)  
Flours, mixes, cereals, etc.

#### **BUMBLEBAR FOODS, INC.**

888-453-3369 / [www.bumblebar.com](http://www.bumblebar.com)  
Organic snack bars

#### **CHEBE BREAD** (Prima Provisions)

800-217-9510/ [www.chebe.com](http://www.chebe.com)  
Mix for rolls, breadsticks and pizza dough

#### **CREAM HILL ESTATES**

866-727-3628/ [www.creamhillestates.com](http://www.creamhillestates.com)  
Gluten free oatmeal/oats

#### **DE BOLES** (The Hain Celestial Group)

800-434-4246/ [www.deboles.com](http://www.deboles.com)  
Corn and rice pasta

#### **DR. PRAEGER'S SENSIBLE FOODS**

877-772-3437 or 201-703-1300/  
[www.drpraegers.com](http://www.drpraegers.com)  
Variety of frozen meals

#### **EDWARD & SONS TRADING CO INC.**

805-684-8500/ [www.edwardandsons.com](http://www.edwardandsons.com)  
Candy, crackers, brown rice snaps, marinades, etc.

#### **ENER-G FOODS**

800-331-5222/ [www.ener-g.com](http://www.ener-g.com)  
Pretzels, pasta, bread, rolls, cookies, etc

#### **ENJOY LIFE NATURAL BRANDS**

888-503-6569 OR 847-260-0300/  
[www.enjoylifefoods.com](http://www.enjoylifefoods.com)  
Bagels, cookies, snack bars, granola, cereals, etc.

#### **FOODS BY GEORGE**

201-612-9700/ [www.foodsbygeorge.com](http://www.foodsbygeorge.com)  
Baked goods, pizzas

#### **FOOD-TEK, INC.**

800-648-8114/ [www.foodtek.com](http://www.foodtek.com)  
Cake mixes, bread mixes, cookie mixes and pizza crust

#### **FOOD FOR LIFE BAKING COMPANY**

800-797-5090 or 951-279-5090/ [www.food-for-life.com](http://www.food-for-life.com)  
Ready-made breads, muffins, rice pastas

#### **FREEDA VITAMINS, INC.**

800-777-3737/ [www.freedavitamins.com](http://www.freedavitamins.com)  
Vitamins and nutritional supplements

#### **FRENCH MEADOW BAKERY**

651-286-7861/877-NO YEAST  
Bread products and Baked Goods

#### **GANEDEN BIOTECH, INC.**

800-456-0276/ [www.digestiveadvantage.com](http://www.digestiveadvantage.com)  
Gluten-free Digestive Advantage

**GENERAL MILLS CHEX® CEREALS**

800-328-1144/ [www.generalmills.com](http://www.generalmills.com)  
Rice, Corn, Strawberry, Chocolate, Cinnamon,  
Honey Nut Cereal

**GIFTS OF NATURE**

888-275-0003/ [www.giftsofnature.com](http://www.giftsofnature.com)  
Rolled oats, baking products

**GLUTINO FOOD GROUP**

800-291-8386 or 860-633-3826/  
[www.glutenfreepantry.com](http://www.glutenfreepantry.com)  
Breads, bagels, pastas, crackers, cookies, pizza,  
soups and mixes

**GLUTEN EVOLUTION, LLC (Breads From Anna)**

877-354-3886 or 319-354-3886/  
[www.glutenevolution.com](http://www.glutenevolution.com)  
Bread mixes

**GLUTEN FREE OATS**

307-754-2058 [www.glutenfreeoats.com](http://www.glutenfreeoats.com)  
Rolled oats/oatmeal

**GLUTENFREEDA FOODS, INC.**

360-378-3675/ [www.glutenfreeda.com](http://www.glutenfreeda.com)  
Gluten and dairy free refrigerated cookies and  
online vendor

**GOODY2CHEWS FOODS, INC.**

888-300-1611/ [www.goody2chews.com](http://www.goody2chews.com)

**HEALTH VALLEY (The Hain Celestial Group)**

800-434-4246/ [www.healthvalley.com](http://www.healthvalley.com)  
Crackers, cookies, cereals and soups

**HUBBARD PEANUT COMPANY, INC.**

800-562-2741/ [www.hubspeanuts.com](http://www.hubspeanuts.com)  
Peanuts

**IAN'S NATURAL FOODS**

978-989-0601/ [www.iansnaturalfoods.com](http://www.iansnaturalfoods.com)  
Variety of frozen foods

**JONES DAIRY FARM**

800-563-1004/ [www.jonesdairyfarm.com](http://www.jonesdairyfarm.com)  
Breakfast sausages, bacon and ham

**KETTLE CUISINE, INC**

877-302-7687/ [www.kettlecuisine.com](http://www.kettlecuisine.com)  
All natural frozen soups

**KIND SNACKS**

212-616-3006 [www.kindsnacks.com](http://www.kindsnacks.com)  
Fruit and Nut Bars

**KINNIKINNICK FOODS, INC.**

877-503-4466 OR 780-424-2900/  
[www.kinnikinnick.com](http://www.kinnikinnick.com)  
Breads, bagels, buns, donuts, other baked goods

**KONSYL PHARMACEUTICALS, INC.**

800-356-6795/ [www.konsyl.com](http://www.konsyl.com)  
Dietary fiber supplements

**LÄRABAR, HUMM FOODS, INC.**

877-527-2227 or 720-945-1155/ [www.larabar.com](http://www.larabar.com)  
Nutritious energy bars

**LISANATTI® FOODS**

866-864-3922/ [www.lisanatticheese.com](http://www.lisanatticheese.com)  
Cheese alternatives

**LUNDBERG FAMILY FARMS**

530-882-4551/ [www.lundberg.com](http://www.lundberg.com)  
Rice cakes, brown rice, rice pudding mixes, cereal,  
pasta, rice syrup

**MARY'S GONE CRACKERS**

888-258-1250/ [www.marysgonecrackers.com](http://www.marysgonecrackers.com)  
Organic high fiber crackers

**MONTINA AMAZING GRAINS**

877-278-6585/ [www.amazinggrains.com](http://www.amazinggrains.com)  
Gluten-free grains, bread mixes and flours

**MRS. LEEPER'S, INC. (Liberty Richter)**

817-629-6275/ [www.mrsleeperspasta.com](http://www.mrsleeperspasta.com)  
Brown rice and corn pasta

**NAMASTE FOODS**

866-258-9493 or 208-676-9632/  
[www.namastefoods.com](http://www.namastefoods.com)  
Cake mixes, cookie mixes, waffle & pancake mixes

**NANA'S COOKIE COMPANY**

800-836-7534 or 858-273-5775/  
[www.healthycrowd.com](http://www.healthycrowd.com)  
Cookies and cookie bars

**NATURE'S PATH FOODS, INC.**

888-808-9505 or 604-248-8777/  
[www.naturespath.com](http://www.naturespath.com)  
Organic Gluten-Free Cereals

**ORGANIC BISTRO**

[www.theorganicbistro.com](http://www.theorganicbistro.com)  
Frozen prepared meals

**ORGRAN (Roma Foods Products)**

877-380-3422 or 845-278-8164/ [www.orgran.com](http://www.orgran.com)  
Alternative grain, pastas and health foods

**PAMELA'S PRODUCTS**

707-462-6605/ [www.pamelasproducts.com](http://www.pamelasproducts.com)  
Ready-made cookies, biscotti, cookie, bread,  
pancake and baking mixes

**PANOS BRANDS**

201-843-8900/ [www.midelcookies.com](http://www.midelcookies.com)  
MI-DEL snack products

**PASTARISO Maple Grove Gluten Free Foods Inc.**

905-451-7423/ [www.maplegrovefoods.com](http://www.maplegrovefoods.com)  
Organic rice pastas

**PERKY'S NATURAL FOODS, Enjoy Life Natural Brands**

888-473-7597 or 847-260-0300/  
[www.perkysnaturalfoods.com](http://www.perkysnaturalfoods.com)  
Gluten-free cereals

**PUREFIT**

866-PUREFIT/ [www.purefit.com](http://www.purefit.com)  
Nutrition bars

**PURFOODS**

866-942-7873 or 515-963-0641/  
[www.glutenfreemeals.com](http://www.glutenfreemeals.com)  
Microwave or oven fresh meals

**QUINOA CORPORATION**

310-217-8125/ [www.quinoa.net](http://www.quinoa.net)  
Flour, flakes and pastas

**REAL FOODS**

+61 285956600/ [www.cornthins.com](http://www.cornthins.com)  
Corn thins

**R. W. GARCIA**

408- 287-4616/ [www.rwgarcia.com](http://www.rwgarcia.com)  
Tortilla Chips

**RIZOPIA FOOD PRODUCTS INC.**

416-609-8820/ [www.rizopia.com](http://www.rizopia.com)  
Variety of rice pastas

**SAN-J INTERNATIONAL**

800-446-5500 or 804-226-8333/ [www.san-j.com](http://www.san-j.com)  
Tamari soy sauces, instant miso soups and rice  
crackers

**SCHÄR USA INC**

201-944-9800/ [www.schar.com](http://www.schar.com)  
Breads, pastas, crackers, cookies, etc.

**SHELTON'S POULTRY**

800-541-1833 or 909-623-4361/  
[www.sheltons.com](http://www.sheltons.com)  
Chicken and turkey franks, lunchmeats, poultry  
products and beef sticks

**SNACK ALLIANCE, INC.**

800-665-3880/ [www.snackalliance.com](http://www.snackalliance.com)  
Riceworks

**SYLVAN BORDER FARM**

800-297-5399 or 707-459-1854/  
[www.sylvanborderfarm.com](http://www.sylvanborderfarm.com)  
Bread, cake, pancake/waffle mixes, general purpose  
flour

**THINK ORGANIC Prime Health Dietary Supplements Inc.**

866-988-4465 or 805-644-4848/  
[www.thinkproducts.com](http://www.thinkproducts.com)  
Nutrition bars

**TINKAYADA (Food Direction, Inc.)**

416-609-0016/ [www.tinkyada.com](http://www.tinkyada.com)  
Organic brown and white rice pastas

**VAN'S INTERNATIONAL FOODS**

323-585-5581/ [www.vansfoodl.com](http://www.vansfoodl.com)  
Ready-made frozen pancakes and waffles

**U.S. MILLS, INC., Erewhon**

781-444-0440/ [www.usmillsinc.com](http://www.usmillsinc.com)  
Cereals

**WALDEN FARMS**

800-229-1706/ [www.waldenfarms.com](http://www.waldenfarms.com)  
Sugar free, fat free, sauces, dressings, dips,  
appetizers and syrups

**WING-TIME, INC.**

970-871-1198/ [www.wingtime.com](http://www.wingtime.com)  
Buffalo wing sauce

**COOKBOOKS, DVD'S & MORE**

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**ALTERNATIVE COOK, LLC**  
[www.alternativecook.com](http://www.alternativecook.com)**SAVORY PALATE, INC.**

800-741-5418/ [www.savorypalate.com](http://www.savorypalate.com)

**GLUTEN FREE BEER COMPANIES****BARD'S TALE BEER CO., LLC**

816-272-2015/ [www.bardsbeer.com](http://www.bardsbeer.com)

**LAKEFRONT BREWERY, INC.**

414-372-8800/ [www.lakefrontbrewery.com](http://www.lakefrontbrewery.com)

**RAMAPO VALLEY BREWERY**

845-369-7827/ [www.ramapovalleybrewery.com](http://www.ramapovalleybrewery.com)

**REDBRIDGE BEER**

800-342-5283/ [www.redbridgebeer.com](http://www.redbridgebeer.com)

## **TRAVEL AND DINING**

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### **BOB & RUTH'S GF DINING AND TRAVEL CLUB**

410-939-3218/ [www.bobandruths.com](http://www.bobandruths.com)

### **GLUTEN FREE PASSPORT**

866-564-1440/ [www.glutenfreepassport.com](http://www.glutenfreepassport.com)

Books and booklets on traveling and dining out

### **TRIUMPH DINING**

609-564-0445/ [www.triumphdining.com](http://www.triumphdining.com)

GF restaurant cards and grocery guide

## **ONLINE RESOURCES**

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[www.glutenfreemail.com](http://www.glutenfreemail.com)

[www.glutenfree.com](http://www.glutenfree.com)

[www.gooddayglutenfree.com](http://www.gooddayglutenfree.com)

[www.ceciliasmarketplace.com](http://www.ceciliasmarketplace.com)

[www.gfmeals.com](http://www.gfmeals.com)

[www.glutenfreesdrugs.com](http://www.glutenfreesdrugs.com)

[www.simplyglutenfree.org](http://www.simplyglutenfree.org)

[www.glutenfreetravel.com](http://www.glutenfreetravel.com)