



## **Vulvar Dystrophy**

Vulvar dystrophy is an abnormal growth of skin on the vulva. Most dystrophies are diagnosed by vulvar biopsy.

Lichen sclerosis causes the skin to become thin, pale in color and wrinkled. The vaginal opening can shrink in size. Symptoms may include itching. There may be a small increased risk of cancer with lichen sclerosis. Treatment with testosterone ointment may help.

Squamous hyperplasia or hypertrophic dystrophy can be a precancerous condition. Treatment is usually a cortisone cream.